

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: OZEKA

Coachinfo: Warming up from: 07:30 untill 08:35. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Devriese Boris

Coaches: Wielfaert Wout

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:4, starttime: 08:53
Heat: 4/19 Lane : 3 Athlete: HOEYMANS CEDRIC			Q-time: 01:46:60
PB (50m pool): 01:46.60 Antwerpen 13/07/2025			PB (25m pool): 01:45.03 SB: no time
	5 0 M	1 0 0 M	
PB	00:51.01	01:46.60	
	00:51.01	00:55.59	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:6, starttime: 08:57
Heat: 6/19 Lane : 1 Athlete: VAN BRAECKEL SEPPE			Q-time: 01:38:31
PB (50m pool): 01:37.15 Zwembad Brigitte Becue 26/04/2026			PB (25m pool): 01:32.81 SB: 01:37.15 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	00:46.34	01:37.15	
	00:46.34	00:50.81	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 09:35
Heat: 6/18 Lane : 7 Athlete: BERTE LISE			Q-time: 01:42:28
PB (50m pool): 01:42.28 Gent 08/02/2026			PB (25m pool): 01:37.06 SB: 01:42.28 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:47.95	01:42.28	
	00:47.95	00:54.33	
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: OZEKA

Event number: 3: 100M BUTTERFLY MEN 11+						Heat:5, starttime: 10:09	
Heat: 5/14 Lane : 7 Athlete: BOONEN KAREL						Q-time: 01:23:46	
PB (50m pool): 01:17.71 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 01:17.82 SB: 01:17.71 Zwembad Brigitte Becue 26/04/2026							
	5 0 M	1 0 0 M					
PB	00:36.74	01:17.71					
	00:36.74	00:40.97					
							

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:5, starttime: 11:04	
Heat: 5/12 Lane : 6 Athlete: HOEYMANS CEDRIC					Q-time: 03:12:52	
PB (50m pool): 03:12.52 Kortrijk 26/12/2025						

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:7, starttime: 11:13	
Heat: 7/12 Lane : 6 Athlete: VAN BRAECKEL SEPPE					Q-time: 02:51:86	
PB (50m pool): 02:51.86 Gent 08/02/2026					PB (25m pool): 02:49.36 SB: 02:51.86 Gent 08/02/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:40.61	01:23.77	02:08.46	02:51.86		
	00:40.61	00:43.16	00:44.69	00:43.40		
						

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:8, starttime: 11:16	
Heat: 8/12 Lane : 1 Athlete: BOONEN KAREL					Q-time: 02:45:93	
PB (50m pool): 02:45.93 Gent 08/02/2026						

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: OZEKA

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:6, starttime: 11:56
Heat: 6/16 Lane : 5 Athlete: BERTE LISE				Q-time: 03:26:07	
PB (50m pool): 03:26.07 Lochristi 01/02/2026					

Coach feedback: